

# DAILY & LIFETIME STRENGTHS

Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day. (2Co.4:16)

- We are being renewed day by day.
- If you are being renewed everyday, what does this imply?
- This implies our renewal only lasts for one day.
- Our renewal for today will not last into tomorrow. Everyday you get depleted!
- We live one day at a time.

Therefore do not worry about tomorrow, for tomorrow will worry about its own things. Sufficient for the day is its own trouble. (Mt.6:34)

- Today will have today's trouble.
- Tomorrow will have tomorrow's trouble.
- Each day has its 'appointed' trouble.
- Do not worry about tomorrow. There are sufficient matters to attend to each day.
- Do not worry, you will not run out of problems.

<sup>22</sup>Through the LORD's mercies we are not consumed, Because His compassions fail not. <sup>23</sup>They are new every morning; Great is Your faithfulness. (Lm.3:22-23)

- God has matched troubles with His mercies:
  - Today has its own *TROUBLES* (Mt.6:34)
  - Today has its own *MERCIES* (Lm.3:23)
  - Tomorrow will have its own-day *TROUBLES*
  - Tomorrow will have its own-day *MERCIES*
- There are mercies to cover all our troubles!

## DAILY MERCIES

1. The mercies of God (renewal) lasts for one day at a time.
2. Daily mercies are the fuel to get us through the day.
3. Daily mercies help us to not be consumed (Lm.3:22-23).

### Examples:

- *Encouragement (strength for today)*
- *Sense of protection (for today)*
- *Drive to live by faith (for today)*

## LIFETIME PRINCIPLES

1. Biblical principles are those things that become a part of your character.
2. Biblical principles are the characteristics that become a part of our everyday life.
3. Biblical principle help us measure our spiritual growth.

### Examples:

- *Humbleness*
- *Love your neighbor*
- *Witness to others*
- *Avoid temptation*
- *Forgive others*
- *Learn to be thankful*